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Karin Nystrom is a graduate of the Yale University School of Nursing with specialty expertise in cardiovascular and neuroscience acute care. She is a nurse practitioner with the Yale New Haven Hospital stroke service and is the stroke program manager for the Comprehensive Stroke Center at Yale New Haven Hospital. She is co-chair of the Stroke Coordinators of Connecticut and is a member of the task force for the State of Connecticut Stroke Advisory Council. She has served on several AHA/ASA committees and participated in the writing of the 2016 American Telemedicine Association Telestroke guidelines.

Karin has served as a Joint Commission Disease-Specific Care Stroke Reviewer since 2007 and has focused her expertise on the Primary Stroke Center certification process, lecturing on the history of stroke systems of care and current requirements for all levels of stroke program certification.