Table of Contents

Introduction

Chapter 1: Screening for the Individualized Plan of Care

Introduction

The Preliminary Plan of Care

Identifying Individualized Needs, Strengths, Preferences, and Goals Through Screening

Screening vs. Assessment

Screening to Drive Decisions in Care

Screening for Coordinated Care

Screening for Suicide Risk

Additional Screening Challenges to Consider

Some Contributing Factors

Screening for Trauma

Successful Strategies: Integrating Trauma-Informed Care

Summary

Tool

Tool 1-1. Plan for Care, Treatment, or Services Development Policy Template

Chapter 2: The Role of Assessment in the Individualized Plan

Introduction

Prioritizing Needs for Assessment

Importance of Reassessment

Using Assessment and Reassessment Tools

Evaluating Assessment Strategies

Successful Strategies: Evaluating Your Assessment Forms

Including Identified Goals and Measurable Objectives

Common Challenges with Goals and Objectives

Successful Strategies: Motivational Interviewing for Collaborative Goal Setting

Collaborative and Interdisciplinary Treatment Plans

Reevaluating and Revising Plan Goals and Objectives

Challenges When Revising Plan Goals and Objectives

Deferred Goals

^{©2022} The Joint Commission

Including Interventions That Meet Identified Goals

Involving Family in the Plan

Managing and Documenting a Referral

Summary

Tool

Tool 2-1. Sample Patient Health Questionnaire-9 (PHQ-9)

Tool 2-1. Sample Generalized Anxiety Disorder-7 (GAD-7)

Chapter 3: Integrating Measurement-Based Care in the Treatment Plan

Introduction

Criteria for Selecting a Measurement-Based Tool

Monitoring the Individual's Progress

Monitoring the Organization's Progress

Other Measurement-Based Instruments

Factors to Consider for Compliance

Assessing Data Management

Using Data for Quality and Performance Improvement

Summary

Tools

Tool 3-1. Outcomes of Care, Treatment, or Services Measurement Procedures

Policy Template

Tool 3-2. Sample Outcome Measurement Tracer Questions

Chapter 4: Planning for Unique Treatment Settings and Services

Introduction

Treatment Plans for Intensive Outpatient Programs

Screening Considerations for IOPs

Assessment Considerations for IOPs

Building Individualized Treatment Plans in IOPs

Common Goals for Treatment

Routine Testing and Monitoring

Determining the Next Level of Service

Case Plans for Child Welfare Agencies

A Trauma-Informed Case Plan

Screening and Assessment Tools for Child Welfare

Staff Requirements

The Permanency Goal

Assessing for Permanency

After-Care Planning

Summary

Tool

4-1. Standard Comprehensive Child and Adolescent Needs and Strength (CANS) 3.0 Rating Sheet

Chapter 5: Sample Cases and Treatment Plans

Case #1: Ralph J.

Sample Treatment Plan for Ralph J.

Case #2: Sheryl B.

Sample Treatment Plan for Sheryl B.

Developing Your Written Plan of Care

Evaluating Your Treatment Plan for Improvement

Summary

Tools

5-1. Plan for Care, Treatment, or Services Template

5-2. Plan for Care, Treatment, or Services Evaluation Checklist

Glossary

Index

^{©2022} The Joint Commission